

PROCLAMATION

PTA HEALTHY LIFESTYLES MONTH

WHEREAS, the Palm Beach County Council of PTA/PTSA and all PTA members celebrate November as Healthy Lifestyles Month to emphasize the important role families can play in keeping their children healthy and ready to learn; and

WHEREAS, the Palm Beach County Council of PTA will host “PTA Day in the Park,” a day to encourage families to join together on November 19, 2011, and commit themselves to living a healthier lifestyle; and

WHEREAS, the Palm Beach County of PTA awards grants to local PTA units to provide a variety of Health and Wellness programs to families throughout Palm Beach County; and

WHEREAS, in 2011 the Palm Beach County Council of PTA worked closely with other community organizations to hold fun runs to raise awareness of our nation’s childhood obesity epidemic; and

WHEREAS, during the month of November the Palm Beach County Council of PTA will continue working with local PTA units to encourage their family members to promote physical activity and healthy eating habits; and

WHEREAS, the Palm Beach County Council of PTA will continue to participate in the Palm Beach County School District’s Wellness Promotion Task Force as a way to provide healthier food in our schools; and

WHEREAS, the Palm Beach County Council of PTA continues to emphasize the connection between healthy lifestyles and student achievement.

NOW THEREFORE, BE IT RESOLVED that the Superintendent and School Board of Palm Beach County proclaim the month of November 2011 as *PTA Healthy Lifestyles Month* in the School District of Palm Beach County and, **BE IT FURTHER RESOLVED**, that all those in the School District join the celebration by promoting good nutrition and regular physical activity in order to reduce the risk of obesity and improve the overall health of students and families.

Done this 22nd day of November, two thousand eleven, in West Palm Beach, Florida

E. Wayne Gent, Superintendent

Marcia Andrews

Monroe Benaim, M.D.

Jennifer Prior Brown, Esq.

Frank A. Barbieri, Jr., Esq., Chairman

Debra Robinson, M.D., Vice Chairman

Karen M. Brill

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