

PARK VISTA COMMUNITY HIGH SCHOOL
CHEERLEADING TRYOUTS 2017-2018: RULES, REQUIREMENTS, EXPECTATIONS, AND CONSEQUENCES

I. Tryouts:

A. Qualifications and Standards:

All candidates must be cleared through the student activities office before tryouts begin and follow guidelines in order to try out for Park Vista's Cheer Squads.

1. All students trying out must be presently enrolled in Park Vista Community High School as a Junior, Sophomore, Freshman, or 8th grader or must provide proof of intent to register.
2. Must be in good standing with the accountant on campus and **not** be on the **obligation list**.
3. Cheerleaders must keep their grades above a **2.0 unweighted GPA** (cumulative) if they make either squad.
4. They may **not** have a record of excessive absences, tardies, or checkouts from school.
5. Cheerleaders must be physically able to perform all cheerleading skills. These skills include: timing, rhythm, clear vocal quality, ability to jump, dance and stunt.
6. Students must pay a **\$10 nonrefundable tryout** fee prior to Cheer Clinic per Park Vista High School Athletic regulations.
7. All clinic participants **must** complete an Athletic Eligibility packet that may be obtained from the Student Activities Office, **before** clinic. If the student has completed one for this year, it will be good for the remainder of the 2016/2017 FSY. (A copy will be obtained by the coaches.)
8. Summer camp is **mandatory** for all cheerleaders. This should be taken into consideration before trying out.
Camp dates for both Varsity and Junior Varsity are August 2nd-5th, 2017.
9. All participants **must** attend clinic every day in order to be eligible for selection. Clinic participants and their parents will be responsible for transportation to and from clinic. **There will be no adult supervision after 6:15 p.m. each day.** Please be prompt when picking up participants.
10. If student makes the Cheer Squad, a **fee of \$65 (please make checks payable to Park Vista High School)** is to be paid for the Athletic Insurance along with the completion of an Athletic Eligibility packet (**for those whose expires at the end of the 2016/2017 FSY**) to be submitted to the Student Activities Office. (This will cover them for the entire school year should they choose to participate in any other sport at PVCHS.)
11. If student makes the **Junior Varsity** squad, they will be cheering for both **football and basketball** seasons. If student makes the **Varsity** squad, they will be cheering for **football and basketball** seasons. **Both** squads will be participating in **fundraising activities** to offset the costs of camp, seasonal attire and equipment.

B. Important Dates:

- April 28:** Tryout forms & Eligibility packet **along with** \$10 nonrefundable tryout fee are **due** in PVHS Students Activities Office or Coach Ladner's room (4105B) by **3:00p.m.** for enrolled PVHS students and 4:00p.m. for middle school students.
- May 5:** Physicals are **due**.
- May 8-9:** Cheer Clinic in PVHS Gymnasium from 3:00 p.m.-6:00 p.m. (**3:00p.m-4:30p.m.** current PVHS students and **4:30p.m. to 6:00p.m.** current 8th graders)
- May 11:** Tryouts in PVHS Gym.: current PVHS students @ 3:00 p.m./middle school students begin @ 4:30 p.m. (**Applicants may leave after their performance.**)

***Please note that if you try out for the Varsity squad and do not make the squad, you will be considered for the Junior Varsity squad with the exception of Seniors.**

C. Attire for Clinic:

- Hair must be worn in a ponytail along with white T-shirt & black shorts for all participants ***Appropriate attire must be worn for clinic (no tank tops, midriff or jewelry) and should include proper shoes and white socks.**

D. Judging:

1. Squad size is determined by the coach and based on the skill and talent of the athletes.
2. Tryouts are judged by a panel of school representatives with cheer, dance, and tumbling experience.
 - During tryouts, participants will demonstrate **jumps** and perform a **dance, cheer, and chant** that will be taught at tryout clinic.
 - For safety reasons, **any** tumbling skill performed during tryouts must **first** be demonstrated to one of the coaches **and** approved during tryout clinic.

E. Financial Obligations and Fundraising:

Should student make either the Varsity or Junior Varsity squad, the following financial obligations will be expected.

Estimated Cheerleading Costs

(Please note that all prices are based on estimates and maybe subject to change.)

***Please rest assured we will be able to work with those who need financial assistance.**

Estimated total for 2017-2018 FSY

Varsity-\$700 (includes fairshare and athletic insurance except optional clothing, Varsity jacket, camp fee and transportation to camp)

Junior Varsity-\$675 (includes fairshare and athletic insurance except optional clothing, camp fee and transportation to camp)

***Both squads will be participating in fundraising activities to offset the costs of camp and seasonal attire and equipment. If the athlete chooses not to participate in the fundraisers, the financial obligation will have to be paid for directly.**

****If you already have the performance uniform, jersey, bloomers and bag from 2016-2017 FSY, you do not need to repurchase these items.**

Cheer Clothing

| | |
|----------------------------------|--|
| 3 camp outfits | \$45 |
| Ribbons/Bow | \$12 |
| Bloomers | \$20 |
| Cheer bag for equipment/clothes | \$35 |
| Game day Jersey | \$59 |
| Performance Uniform | \$70 |
| Optional Sweater or Warm up suit | \$35/\$75 |
| Varsity Jackets | \$TBD after all clothing, camp, and uniforms are paid for. |

Cheer Camp

UCA Cheer Camp (Varsity and Junior Varsity squads)

August 2nd-5th (Schedule TBA)

Estimated cost \$377 (includes meals, hotel fee, and 4 days of cheer instruction)

*Transportation cost to and from camp TBA

Park Vista High School Athletic Fairshare

Fairshare: includes but not limited to...awards, rental of uniforms and poms, football and basketball player goody bags for game days, October (Breast Cancer Awareness) Pink Items, Pep Rally themed items, Senior Night items, conditioning, and End of Year banquet.

Varsity \$100 Junior Varsity \$75

Park Vista High School Mandatory Fundraiser

Outback Night: previous years each athlete was required to sell a **minimum of 2 tickets**

**** The above cost will cover two complete cheer seasons (football and basketball). Again, there will be numerous fundraising opportunities to help offset the cost of camp and seasonal attire and equipment.**

Cheerleading Application Form 2017-2018

A cheerleader's major role is the promotion of school spirit and leadership. Being a cheerleader requires a major time commitment involving cheering at events, participating in fundraisers, daily practices, meetings, pep rally planning, and spirit promotion activities. This time commitment is not compatible with part-time work or other activities.

Participants should anticipate 10-12 hours a week or more of cheer related activity.

An athletic eligibility packet can be obtained from the Student Activities Office. **Athletic packets along with the \$65 athletic insurance fee should be turned into the Student Activities Office should you make the squad.**

Applications, eligibility forms and other forms are due April 28th.

See Ms. Staie (Student Activities Office) or Ms. Ladner (Varsity Head Cheer Coach, Rm 4105B) for any questions.

Name: _____ Email address: _____

Age: _____ Circle **current** grade: 8th Freshman Sophomore Junior

Circle the squad/squads you are trying out for. **Varsity Junior Varsity**

Circle the position for which you have previous experience. **Base Back Spot Flyer**

Address: _____

Cell no.: _____ Text ? Y or N

Home no.: _____

Parent's name(s): _____

Parent's work phone(s): _____
(Please indicate which parent the number is for.)

Emergency Contact:

Name: _____ Relationship to Cheerleader: _____
(mother, father, aunt, etc.)

Phone no.: _____

Are you currently employed? _____ If yes, place of employment: _____

Hours/wk: _____ Supervisor/Phone: _____

List all sports/activities in which you hope to participate next year: _____

Are you planning on participating in All-Star cheer or on a dance team? _____

If so, which one and what team would you be on? _____

Is there any reason why you would not be able to do cheer activities on the weekends? Be specific and include times if possible.

Please complete reverse side.

List all of your **current** teachers. (**Teacher, please sign indicating you would be a reference. You may be contacted for a recommendation.**)

| Period | Teacher | Course Title | Signature of Teacher |
|------------------------------|---------|--------------|----------------------|
| 1 | | | |
| 2 | | | |
| 3 | | | |
| 4 | | | |
| 5 | | | |
| 6 | | | |
| 7 | | | |
| 8 For middle School | | | |

Current Cumulative GPA: _____

***Please, attach a copy of your last report card to this application.**

Current Sport's Packet on file in the Student Activities Office? **Yes** **No**

Student Activities Office Initials: _____

Since the coaches' decision is final, I have read the cheerleading tryout's guidelines and are expected to abide by the rules, expectations and consequences as stated. I understand and accept that failure to abide by the guidelines may result in dismissal from the clinic and tryouts. I am aware of the time and financial responsibilities required to be a Park Vista Community High School Cheerleader. I am aware that if I were to make either squad, I will commit to cheering for football, basketball and in competitions (Varsity Only), as well as, participate in fundraising activities to help offset the costs for camp, cheer equipment and clothing.

Signature of Applicant: _____

Date: _____

Signature of Parent/Guardian: _____

Date: _____

Please return this form

Cheer Skill Information

Please fill out this questionnaire to the best of your ability, and please be truthful! This is only an inquiry and will not affect your tryout scores. Please list only those skills that could be performed immediately and without assistance.

Name: _____

Date: _____

Stunting:

Do you have any stunt experience? YES or NO

What positions have you learned? List all available: _____
(e.g., flyer, base, back/support)

What is the highest level of skill that you have mastered?

(e.g., prep, one-legged stunts, 360, full or double downs)

Tumbling:

Do you have any tumbling experience? YES or NO

What type of tumbling training have you had? (gymnastics, cheerleading) _____

Please check all of the following skills you have mastered:

Running Tumbling

- Front-walk over
- Back-hand Spring
- Whip backs
- Tuck
- Layout
- Full
- Punch Front

Other: _____

Standing Tumbling

- Back-walk Over
- Front-walk Over
- Back-hand Spring
- Tuck
- Full
- Suicide
- Other: _____

Dance:

Do you have any dance experience? YES or NO

If so, where/ how long have you trained? _____

Any specific dance skills (modern, jazz, hip hop, ballet) you have? _____

Please complete reverse side.

Other:

Have you ever been on another cheerleading team (competitive **or** recreation)? YES or NO

If yes, which one/for how long? _____

Have you ever been on a dance team? YES or NO

Have you ever competed as a gymnast? YES or NO

Have you ever been on a sports team? YES or NO

If yes, what sport and at what level? _____

Any other information that you think would be important?

Please return this form